



Vibrational Feeling Words

Higher Vibrational Words

Happy

delighted	transported	light-hearted	vivacious
joyful	enthusiastic	buoyant	brisk
festive	inspired	debonair	sparkling
contented	glad	bright	merry
complacent	beatific	free & easy	mirthful
satisfied	pleased	airy	hilarious
serene	blissful	exuberant	exhilarated
comfortable	cheerful	saucy	jovial
peaceful	genial	jaunty	jolly
tranquil	cheery	lively	playful
ecstatic	sunny	spirited	gleeful
rapturous	high-spirited	animated	frisky
elated	exultant	jubilant	

Interested

concerned	engrossed	excited	inquiring
affected	intrigued	curious	nosy
fascinated	absorbed	inquisitive	snoopy

Fearless

encouraged	brave	spirited	determined
courageous	daring	resolute	audacious
secure	gallant	stout hearted	dauntless
reassured	heroic	enterprising	certain
bold	self-reliant	hardy	

Higher Vibrational Words (cont.)

Eager		
keen	ardent	enthusiastic
earnest	zealous	avid
intent	anxious	desirous

Lower Vibrational Words

Afraid			
fearful	tremulous	hysterical	upset
frightened	shaky	yellow	misgiving
in fear	apprehensive	alarmed	doubtful
timid	fidgety	shocked	suspicious
chicken	restful	horrified	hesitant
nervous	aghast	insecure	irresolute
diffident	terrified	anxious	awed
fainthearted	panicked	worried	dismayed
scared	quaking	threatened	appalled
trembling	cowardly	menaced	petrified

Hurt			
injured	suffering	victimized	tortured
offended	afflicted	heartbroken	piteous
grieved	worried	hapless	woeful
distressed	aching	in despair	rueful
in pain	crushed	agonized	mournful
sad	pathetic	tragic	

Lower Vibrational Words (cont.)

Sad

crestfallen	depressed	sulky	flat
despondent	disconsolate	joyless	dull
disheartened	melancholy	spiritless	gloomy
discouraged	out of sorts	dismal	cheerless
low	heavy-hearted	dark	woeful
low spirited	discontented	clouded	woebegone
ill at ease	glum	frowning	dreary
sorrowful	moody	mournful	in the dumps
downcast	moping	dreadful	
dejected	sullen	oppressed	
unhappy	somber	downhearted	

Angry

resentful	irritated	sulky	up in arms
annoyed	sullen	bitter	in a huff
inflamed	wrought up	virulent	turning
provoked	worked up	acrimonious	wrathful
incensed	indignant	boiling	
infuriated	irate	furious	
offended	enraged	in a stew	

Doubtful

unbelieving	suspicious	questioning	perplexed
skeptical	dubious	wavering	indecisive
distrustful	uncertain	hesitant	